

**NOTICE NO. 012/2026**

**COMPETITION FOR THE AWARD OF A GRANT, IN ACCORDANCE WITH THE PROVISIONS OF THE RESEARCH GRANT REGULATIONS OF UNIVERSITY OF ALGARVE**

Title: Three (3) Research Grants (BI)

A competition is open for the award of three Research Grant(s) (BI) within the scope of the R&D project/institution NUMAPLUS - Más allá del nuevo modelo asistencial: regiones cardio aseguradas, 0237\_NUMAPLUS\_5\_E, funded by the European Regional Development Fund through the Interreg-POCTEP Operational Program, under the following conditions:

**1. Scientific Area:** Pharmacological Sciences

**2. Admission Requirements:**

- a) Degree in Pharmacy or Pharmaceutical Sciences.
- b) Experience in population-based studies, including proficiency in statistical software.
- c) Proficiency in Portuguese, both spoken and written. Candidates who are not native Portuguese speakers must demonstrate that they hold an officially recognized diploma proving their proficiency in the language, or a certificate or diploma of communicative competence in Portuguese from the Council of Europe's Common European Framework of Reference for Languages (proficiency level C1).

Taking into account paragraphs 1 and 2 of Article 6 (Research Grants) of the Research Grants Regulations of the Foundation for Science and Technology Or paragraphs 1 and 2 of Article 5, Research Grants, of the University of Algarve Grants Regulations:

"1. Research grants, hereinafter referred to as BI, are intended for R&D activities by students enrolled in an integrated master's degree, a master's degree or a doctorate, with a view to consolidating their scientific training through the development of research work leading to the award of the respective academic degree, whether or not integrated into R&D projects.

2. The scholarships referred to in this article may also be intended for the performance of R&D activities by graduates or masters enrolled in non-degree courses integrated into the educational project of a higher education institution, developed in association or cooperation with one or more R&D units."

**3. Project Objectives:**

The candidate will be integrated into Project 0237\_NUMAPLUS\_5\_E - NUMAPLUS - Más allá del nuevo modelo asistencial: regiones cardio aseguradas. The objective of this contract is for the selected candidates to collaborate in data collection within the scope of the various cases of the project, in the statistical processing of the data collected, as well as in the submission of scientific papers to conferences and scientific journals. The candidate will also be responsible for organizing literacy promotion activities aimed at the senior population or other events planned as part of the project.

**4. Applicable Legislation and Regulations:** Research Fellow Statute, approved by Law No. 40/2004 of August 18, as amended by Decree-Law No. 65/2024 of October 1, and the University of Algarve Research Grant Regulations (<https://files.dre.pt/2s/2021/10/210000000/0013700149.pdf>).

**5. Workplace:** The work will be carried out at the Laboratório de Saúde, Envelhecimento e Cinética of the University of Algarve, under the scientific supervision of Professor/PhD Tânia Nascimento.

**6. Duration of grant(s):** The grant will last 6 months, with the start date scheduled for April of 2026. The grant contract may be renewed, taking into account the University of Algarve Research Grant Regulations. (<https://files.dre.pt/2s/2021/10/210000000/0013700149.pdf>).

**7. Monthly maintenance allowance amount:** The monthly maintenance allowance is €1.040,98. The maintenance allowance will be paid monthly by bank transfer. ([https://www.fct.pt/wp-content/uploads/2025/02/Tabela\\_valores\\_SMM\\_2025.pdf](https://www.fct.pt/wp-content/uploads/2025/02/Tabela_valores_SMM_2025.pdf)).

**8. Candidate evaluation:** In accordance with the provisions of Article 11 (n.2) of the University of Algarve Research Grant Regulations, candidates will be assessed solely on the following criteria: merit of the candidate based on curriculum vitae (100%).

The detailed CV will be evaluated according to the following criteria:

- a) Degree in the scientific area for which the competition is open (40%);
- b) Previous experience in collecting, organizing, and analyzing clinical data (30%);
- c) Experience in administering questionnaires and conducting functional tests/screenings (20%);
- d) Participation in projects and/or scientific publications/presentations in areas relevant to the project (10%);

**9. Composition of the Application Evaluation Board:** The Application Evaluation Board is composed of three full members and one alternate (all PhDs):

- Tânia Isabel Martins do Nascimento (President) (Assistant Professor, ESSUAlg);
- Helena Cristina Gil Cardeira Dos Santos Leitão (Full Member) (Associate Professor, FMCB);
- Claudia Jorge de Sousa Oliveira (Full Member) (Assistant Professor, ESSUAlg);
- Ana Luísa De Sousa Coelho (Alternate Member) (Assistant Professor, ESSUAlg).

**10. Publication/Notification of Results:** The final results of the evaluation will be displayed in order of final score obtained, posted in a visible and public place in Building 1 next to the Secretariat of the Directorate - 1st floor, and successful candidates will be notified by email.

**11. Application Deadline and Submission Method:** The competition is open from **25/02/2026 to 10/03/2026**.

**12. Applications must be accompanied by the following documents:**

- a) Official identification document (simple copy or legal equivalent). Applicants of non-Portuguese nationality must present a residence permit, permanent residence certificate, or long-term resident status, valid on the scholarship start date. Any of these may be replaced, in its absence, by a declaration of honor by the candidate. However, this must be submitted during the scholarship contracting phase, under penalty of forfeiture of the scholarship award;
- b) Curriculum Vitae detailed;
- c) Copy of academic degree certificates, specifying the final grade and, if possible, the grades obtained in all subjects taken, or Proof of recognition of academic degrees awarded by foreign higher education institutions and record of the conversion of the respective final grade to the Portuguese grading scale, in the case of academic qualifications obtained abroad;

- d) Officially recognized diploma proving proficiency in the Portuguese language, or certificate or diploma of communicative competence in Portuguese from the Common European Framework of Reference for Languages of the Council of Europe (proficiency level C1);
- e) Translated with DeepL.com (free version)The Application for Application to the Competition, dated and signed, must be addressed to the President of the Competition Evaluation Panel,
- f) <https://www.ualg.pt/sites/default/files/documentos/2022-12/anexo-iii-requerimento-para-candidatura-bolsa-pt.pdf>, it can be sent by post to the address: University of Algarve - School of Health Sciences, Attn: Tânia Nascimento (Ref: 0237\_NUMAPLUS\_5\_E), Campus of Gambelas, 8005-139 Faro, Portugal, or by email to [tinascimento@ualg.pt](mailto:tinascimento@ualg.pt). In the aforementioned application, **you must expressly consent to all notifications related to the bidding process being sent to the indicated email address.**

### **13. Documents to be submitted for the scholarship agreement:**

- a. Individual Taxpayer Registry (INV) information, if the applicant is a nationality other than Portuguese, must be submitted during the scholarship agreement process, under penalty of forfeiture of the scholarship award;
- b. Documents proving that the applicant meets the requirements for the respective type of scholarship, namely, proof of enrollment and registration and the study cycle or course that does not confer an academic degree;
- c. Declaration of the advisor(s) assuming responsibility for supervising the work plan, in accordance with Article 5-A of the Research Scholarship Statute, as well as guaranteeing the necessary conditions for the successful development of the work and compliance with the duties set forth in Article 13 of the Research Scholarship Statute;
- d. Declaration of Commitment to the Exclusive Dedication Regime.

### **14. Deadlines and Procedures for Complaints and Appeals:**

Candidates may, if they so wish, comment on the draft decision to award the requested scholarship, at a hearing for interested parties within 10 business days, under the terms and for the purposes set forth in Article 121 of the Code of Administrative Procedure.

Candidates have the right to complain to the evaluation panel within 10 business days regarding the commission or omission of any act.

An appeal may be filed against the final decision of the application evaluation panel to the Rector within 10 business days of notification.

### **15. Scholarship Contract:**

After receiving all required documentation, a scholarship contract will be signed with the selected candidate(s) in accordance with the attached template.

### **16. Evaluation of Fellow(s):**

At the end of each fellowship contract period, the advisor will evaluate the fellow(s)' work by applying the following criteria, in accordance with the attached template:

- a) Technical and scientific performance;

- b) Compliance with the work plan;
- c) Punctuality and attendance.

The University of Algarve reserves the right to cancel the fellowship award process, within the scope of the Project in question, whenever funding is not awarded.

University of Algarve, 18 of February 2026

The Principal Investigator

Professor Tânia Nascimento