

NOTICE NO. 002/2026

COMPETITION FOR THE AWARD OF A GRANT, IN ACCORDANCE WITH THE PROVISIONS OF THE Foundation for Science and Technology Research Grant Regulations

Title: Research Grant (1 position)

A competition is open for the award of one Research Grant (Bachelor's degree Holder) within the scope of the project 2023.17165.ICDT - SUNRISE-PORTUGAL- Portuguese Study of 24-Hour Movement Behaviours in Early Childhood (2023.17165.ICDT), funded by the Foundation for Science and Technology (FCT), under the following conditions:

1. **Scientific Area:** Sport Sciences, Education Sciences, Medical Sciences.
2. **Admission Requirements:** Bachelor's degree in Sport Sciences, Education Sciences, or Medical Sciences. Proven experience or motivation to work with children (submission of a Curriculum Vitae and a Motivation Letter). Fluency in Portuguese. The application and all associated documents must be written in Portuguese.
3. **Project Objectives:** The project "SUNRISE-PORTUGAL: Portuguese Study of 24-Hour Movement Behaviours in Early Childhood" aims to identify and compare the prevalence of children aged 3 to 4 years, living in urban and rural areas across the different macro-regions of Portugal, who meet the World Health Organization's recommendations for 24-hour movement behaviours (physical activity, sedentary behaviour, and sleep). The project also aims to analyse the association between these behaviours and the physical, cognitive, and socio-emotional development of preschool-aged children.
4. **Project Work Plan:** The activities to be carried out by the research fellow include: participation in training activities associated with the project; study of the procedures, protocols, and assessment instruments; support in the organization and implementation of data collection in preschool settings, including physical, motor, cognitive, and behavioural assessments, placement and retrieval of accelerometers, recording of environmental information, and support in questionnaire collection; support in the organization, quality control, and preparation of the collected data; collaboration in the preliminary analysis of the data and in supporting the dissemination of the project's scientific and technical results.
5. **Applicable Legislation and Regulations:** Research Fellow Statute, approved by Law No. 40/2004 of August 18, as amended by Decree-Law No. 65/2024 of October 1, and the Foundation for Science and Technology Research Grant Regulations (<https://files.diariodarepublica.pt/2s/2019/12/241000000/0009100105.pdf>).
6. **Workplace:** The work will be carried out at the Departmental Area of Sport of the School of Education and Communication of the University of Algarve and in the participating educational institutions, under the scientific supervision of Professor Vanda Isabel Tavares Correia.
7. **Duration of grant(s):** The fellowship will have a duration of 12 months, with an expected start date in March 2026. The scholarship contract may eventually be renewed, in accordance with the applicable Regulations, taking into account the Foundation for Science and Technology Research Grant Regulations (<https://files.diariodarepublica.pt/2s/2019/12/241000000/0009100105.pdf>).
8. **Monthly maintenance allowance amount:** The monthly maintenance allowance is €1.040,98 (one thousand and forty euros and ninety-eight cents). The maintenance allowance will be paid monthly by bank transfer. (https://www.fct.pt/wp-content/uploads/2025/02/Tabela_valores_SMM_2025.pdf).
9. **Candidate evaluation:** In accordance with the provisions of Article 11.2 of the Foundation for Science and Technology Research Grant Regulations, the evaluation of candidates will be based solely on the following criteria:

a) Curricular and academic merit of the candidate (including academic qualifications, academic background and its adequacy to the Project work plan, and research experience), weighted at 12 points (60%); **b)** Demonstration of experience or motivation for research and pedagogical intervention with children (through submission of Curriculum Vitae and Letter of Motivation), weighted at 4 points (20%); **c)** Interview, weighted at 4 points (20%).

The Application Evaluation Board reserves the right not to admit to the interview candidates whose curricular and academic merit is below seven (7) points (on a 0–20 scale). In the event that the Application Evaluation Board decides not to conduct interviews, criterion a) will be weighted at 14 points (70%) and criterion b) will be weighted at 6 points (30%). The Application Evaluation Board also reserves the right not to propose the award of the fellowship to candidates with a final score below ten points.

10. Composition of the Application Evaluation Board: The Application Evaluation Board is composed of three full members and one alternate (all PhDs):

- João Herculano Pessanha de Carvalho (President) (Coordinating Professor of the School of Education and Communication);
- Vanda Isabel Tavares Correia (Full Member) (Assistant Professor of the School of Education and Communication);
- Fernanda Maria Antunes da Silva (Full Member) (Assistant Professor of the School of Education and Communication);
- Ricardo José da Palma Minhalma (Alternate Member) (Assistant Professor of the School of Education and Communication).

11. Publication/Notification of Results: The final evaluation results will be published through a ranked list, in accordance with the final score obtained, posted in a visible and public location at the Sports Laboratory (Room 62) of the School of Education and Communication of the University of Algarve. The successful candidate will be notified by email.

12. Application Deadline and Submission Method: The competition is open from **16/02/2026 a 03/03/2026**.

13. Applications must be accompanied by the following documents:

- a) Official identification document (simple copy or legal equivalent). Applicants of non-Portuguese nationality must present a residence permit, permanent residence certificate, or long-term resident status, valid on the scholarship start date. Any of these may be replaced, in its absence, by a declaration of honor by the candidate. However, this must be submitted during the scholarship contracting phase, under penalty of forfeiture of the scholarship award;
- b) Curriculum Vitae;
- c) Copy of the qualification certificates for the academic degrees held, specifying the final grade and, if possible, the grades obtained in all courses taken;
- d) Motivation Letter;
- e) Other documents deemed relevant due to the type and modality of the scholarship.
- f) The Application for Application to the Competition, dated and signed, must be addressed to the President of the Competition Evaluation Panel, <https://www.ualg.pt/sites/default/files/documentos/2022-12/anexo-iii-requerimento-para-candidatura-bolsa-pt.pdf>, it can be sent by post to the address: Escola Superior de Educação e Comunicação - Universidade do Algarve (c/o Professor Vanda Correia), Campus da Penha, 8005-139 Faro, Ref.^a do Projeto 2023.17165.ICDT-SUNRISE-PT (EDITAL N.º 002/2026) or by email to vicorreia@ualg.pt. In the aforementioned application, **you must expressly consent to all notifications related to the bidding process being sent to the indicated email address.**



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14. Documents to be submitted for the scholarship agreement:

- a. Individual Taxpayer Registry (INV) information, if the applicant is a nationality other than Portuguese, must be submitted during the scholarship agreement process, under penalty of forfeiture of the scholarship award;
- b. Documents proving that the applicant meets the requirements for the respective type of scholarship, namely, proof of enrollment and registration and the study cycle or course that does not confer an academic degree;
- c. Declaration of the advisor(s) assuming responsibility for supervising the work plan, in accordance with Article 5-A of the Research Scholarship Statute, as well as guaranteeing the necessary conditions for the successful development of the work and compliance with the duties set forth in Article 13 of the Research Scholarship Statute;
- d. Declaration of Commitment to the Exclusive Dedication Regime.

15. Deadlines and Procedures for Complaints and Appeals:

Candidates may, if they so wish, comment on the draft decision to award the requested scholarship, at a hearing for interested parties within 10 business days, under the terms and for the purposes set forth in Article 121 of the Code of Administrative Procedure.

Candidates have the right to complain to the evaluation panel within 10 business days regarding the commission or omission of any act.

An appeal may be filed against the final decision of the application evaluation panel to the Rector within 10 business days of notification.

16. Scholarship Contract:

After receiving all required documentation, a scholarship contract will be signed with the selected candidate(s) in accordance with the attached template.

17. Evaluation of Fellow(s):

At the end of each fellowship contract period, the advisor will evaluate the fellow(s)' work by applying the following criteria, in accordance with the attached template:

- a) Degree of compliance with the work plan and the objectives defined for the evaluation period;
- b) Scientific and technical quality of the activities carried out, including data collection, processing, and analysis;
- c) Level of autonomy, organizational skills, and compliance with deadlines;
- d) Participation in research activities, collaboration with the project team, and contribution to the dissemination of results.

The University of Algarve reserves the right to cancel the fellowship award process, within the scope of the Project in question, whenever funding is not awarded.

University of Algarve, 9 of February of 2026

The Principal Investigator

Professor Vanda Isabel Tavares Correia